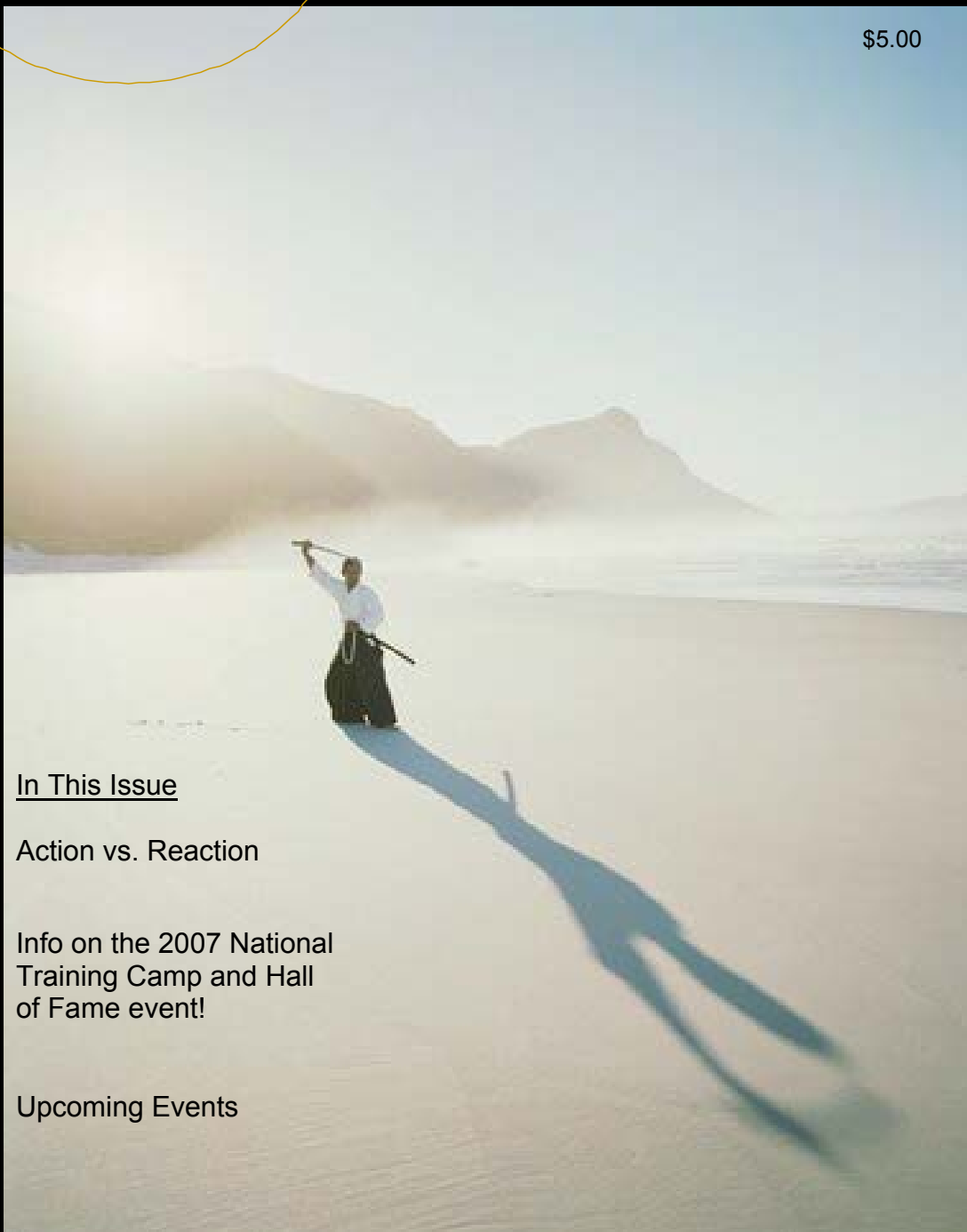


# THE INTERNATIONAL MARTIAL ARTS COUNCIL OF AMERICA

IMAC QUARTERLY E- MAGAZINE



\$5.00



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BY MARTIAL ARTISTS - FOR MARTIAL ARTISTS

*WHERE OUR DESIRE TO TRAIN RISES ABOVE ALL ORGANIZATIONS AND BOUNDARIES*

IMACUSA.COM



# INTERNATIONAL MARTIAL ARTS COUNCIL OF AMERICA

## Message from the President



**Professor Marty Cale**  
**President of IMAC**

**We are on a roll !!!!** The International Martial Arts Council of America, better known as IMAC, is on a roll to becoming one of the largest and most prestigious martial arts associations in the world.

We are an association that is open to all styles and systems of martial arts, regardless of it's origin. We support both traditional and non-traditional arts. We are open to Japanese arts, Chinese, Korean, Filipino, Brazilian, and American arts. We are here to support you in all your martial arts needs. Yes, there are hundreds if not even thousands of associations to choose from. BUT,,,and I say this strongly, IMAC is different! Along with the United States Martial Arts Hall of Fame, we host one of the best National Training Camps. We host a Defensive Tactics Instructor's Course that is second to none. We have a first rate Grandmaster's Council made of 8th, 9th, and 10th degree Black Belts, that is on hand once a year to help you with all your testings and promotions. We do not sell rank, nor do we give 13th degree black belts. (yes there are associations that do that) We have guidelines and when you receive rank from IMAC or the Grandmaster's Council, your certification is never questioned. We offer Lifetime Memberships, School Charter Memberships, patches, t-shirts, Student Certifications, Instructor Certifications and seminars. We have a wonderful website that is updated on a regular basis. We can list your upcoming events or post photos and stories of past events. We have an online E-Magazine that is published quarterly and can reach thousands of martial artist worldwide. We have State Directors and are currently looking for other State Directors that are dedicated and willing to do a little bit of work to be part of a great organization. Our Staff is made of professional martial artist, school owner, and master instructors with decades of experience. We know what we are doing! We have the resources. We know what instructors need, we know what instructors want and we know how to fulfill the needs and wants. Teach what you want to teach, do what you want to do. IMAC will be there to support you and help you grow, to help your school grow and give you the recognition you deserve.

This association is nearly 20 years old, but never before have we marketed it or had Staff members so excited to make IMAC the world's leading multi-style martial arts organization.

So if you would like to be a member of this prestigious association and be part of our family, please just contact us. [www.IMACUSA.com](http://www.IMACUSA.com). or email [Profcale@aol.com](mailto:Profcale@aol.com), [Mastisonsensei@cox.net](mailto:Mastisonsensei@cox.net)

We look forward to having you aboard,

Best Regards!

**Prof. Cale**

## IMAC QUARTERLY E- MAGAZINE

The IMAC Emagazine is designed to act as a forum for members of IMAC and those interested in working with us. If you have ever had an interest in writing an article for a major martial arts periodical, you may have found your opportunity. We encourage you to submit your writings as well as events in your dojos. If you have specific questions about submissions you can visit the IMAC web site or email the Emagazine directly. We have had great feedback from the first issue and look forward to getting better every quarter!

IMAC Emagazine  
Executive Director:

Fred Mastison  
[MastisonSensei@Cox.net](mailto:MastisonSensei@Cox.net)



**IMACUSA.Com**



## **Budo and the Badge**



**Fred Mastison Sensei**  
**Assistant Director of IMAC**  
**Director of Law-enforcement Training**

### **The Warrior Mind**

In past issues and in countless classes I have spoke about "The Warrior Mind". That is a mind set that is formed by a forging of the spirit and creating a determined mind. It is a mind that within exists a very clear "line in the sand". A point at which you will act to defend yourself or another innocent person. It is a mind that does not waver or hesitate. It is a mind of action. Action is the main focus of my writing this quarter. Winning a real fight requires controlled violence. You must be able to call up your "dark side" on demand and become a fierce feral creature instead of the domesticated human you have been raised to be. If you are not emotionally and psychologically prepared to physically destroy your adversary, then you need to re-evaluate your true ability to defend yourself and loved ones. I doubt anyone feels they will not step into the gap if the situation were right, but lets explore an advantage that action has over reaction.

People will assault you, point guns at you and threaten you with knives for two primary reasons. One is to simply harm or kill you and the second is to intimidate and control in order to acquire something you possess. They essentially want to bargain with you. The bargain is typically that if you do as they say, they will not kill you. (Your money or your life is the classic line, although females often receive a modified offer). By the very fact of their intent, they provide you with the opening you need to defeat them. Every conflict, whether between countries or individuals is a cycle whereby each party observes the other, orients himself according to those observations, decides on a course of action, and finally puts that decision into action. This is called the OODA loop. It is the theory of conflict professed by the late Col. John Boyd. Boyd theorized that, in any conflict (whether between nations or between individuals), the party that was able to go through this Observation Orientation Decision Action loop the fastest, had a remarkable advantage over the competition.

We can take this concept and apply it very neatly to the realm of personal combat. Studies have determined that, even for a prepared individual, each phase of the OODA cycle takes at least 1/25th of a second.

That means that you may have up to one full second to act before the other person even realizes what you're doing. Even then he has to select a viable response to your actions and then employ it.

This concept was tried at a training facility nearby. It was tested with "marking cartridge" firearms. They placed two operators of comparable skill level facing each other at arm's length. Operator Number One (Aggressor) was told to "Command" his opponent to "Put his hands up", as the thug in the story might do. Operator Number Two (Defender) was instructed that as soon as he thought he could do it, to quickly move into the first portion of a weapon disarm. The Aggressor was told that when he saw the other man move, he should fire. The Aggressor had every advantage. He had the pistol already pointed at the Defender, his finger on the trigger and the hammer was cocked (less than 3 pounds of pressure required to fire). Furthermore, he was familiar with the techniques the defender would do, as well as the fact that he knew the defender would not be complying! Talk about bad odds for the defender!!

The results were very revealing, and supported Boyd's concepts. Ten out of ten tries, the defender was able to deflect the muzzle of the pistol and trap it in a single move before the aggressor was even able to fire. Lesson learned - All things being equal, action will always beat reaction.

If we understand how to take advantage of the dynamics of human reaction time, we can implement our responses and countermeasures before the adversary has even realized what we are doing. This doesn't require being particularly fast, or even technically proficient. All that is needed is a tactically-correct, pre-conditioned move that is simple to put to use, violent in nature, and technically correct for the situation.

A warrior mind is a tactical mind. Be vigilant and know that hesitation is the worst things possible in our world. My best to you all.

**Fred Mastison**

*Fred Mastison is the Assistant Director of IMAC and is the Director of Law-enforcement Training. President of Force Options Tactical Training Solutions based in Phoenix, he holds a 5th dan in Aikido and 7th dan in Aiki Jitsu. Mastison Sensei is celebrating his 30th year in the martial arts.*



## Tradition...does it still exist?

**Don Wilhelm Sensei**

**Assistant Vice President of IMAC**

As I ponder the past and future of the martial arts, I have developed a concern. A concern that can be simply stated as "What happened to tradition"? As leaders in the martial arts world, we are challenged each day with balancing the integrity of our arts and the need to earn a living. There are many pitfalls in this challenge. The presence of a vocal and visually obvious few that promote simply for money gives us all a bad name. There was a time when belts were worn for purpose. A white sash to hold up your pants, through years of training a white sash turned green from grass or brown and black from dirt. Eventually, the dirt would crack and reveal white beneath. All and all, our belt system follows along these lines of tradition for colors signifying advancement in training and knowledge.

One of my personal pet peeves is the magazine and internet sale of rank and certification in a style. How can anyone send \$1,000.00 to an instructor and receive a black belt by mail or better yet a white belt starts a system and in 12-18 months, if they pay all there fees, is elevated to their 1<sup>st</sup> degree black.

We have all seen and heard the stories of the 3 and 4-year-old 1<sup>st</sup> and 2<sup>nd</sup> degree black belts and wonder how it is possible. This is one of the problems we face as professionals in the field. I encourage you all to ask yourself where you stand. This is not an issue of judgment from an ivory tower. It is simply a fellow Budoka asking you to see if your practices fit the realm. To those that still train, teach and instill discipline and tradition in your system I thank and commend you.

Remember honor, discipline and tradition are supposed to be taught, they can never be bought.

My Best to you all!

**-Don Wilhelm Sensei**





## 2007 National Training Camp & Hall of Fame



The 2007 IMAC National Training Camp and United States Martial Arts Hall of Fame has been set! Mark your calendars for August 2nd through the 4th, 2007 as we once again gather to celebrate the martial arts. This year promises to be the best event to date as we continue to grow and improve the event! With a world class line up of instructors and an expanded staff, the 2007 event will be one to remember.

We will be hosting the event at the historical Golden Nugget Hotel in downtown Las Vegas. The Golden Nugget has just finished a \$200,000,000.00 renovation and is a fantastic hotel to work with. This location is a great base in that it offers all the conveniences of Las Vegas amenities in a less hectic location. For those seeking the newest areas of Las Vegas, the strip is simply moments away by shuttle! The hotel has been very generous in providing us space during a very busy convention time in Las Vegas. They have additionally provided us with special discounted room rates for all participants. To make sure we meet all of our requirements, we ask that you book your room directly with the hotel as opposed to any room brokerage service. They can be contacted at 800-846-5336. This arrangement has allowed us to avoid raising camp fees which serves everyone!

We look forward to seeing all of our old friends as well as making new friends! If you have any questions regarding the camp, please feel free to contact us at anytime! See you in Las Vegas!

## New National Training Camp DVD!!!

We are excited to announce that we will be producing a DVD this year that will highlight the fantastic time at the 2007 IMAC National Training Camp! This will be a professional quality DVD and will be a must have to always enjoy. Production on the DVD will be complete by August 20th and will be mailed to all who purchased one right after that. This DVD will be made by a joint effort of Oj Guerra and Fred Mastison's Budo Works Studios.

We are offering an early purchase special for all people that pre-order this fantastic DVD before the event. for more information visit:

[www.AikidoOfPhoenix.Com/CampDVD.htm](http://www.AikidoOfPhoenix.Com/CampDVD.htm)

## National Martial Arts Demonstration

We are currently looking for serious martial artists interested in performing demonstrations during our National Training Camp Martial Arts Extravaganza on Friday night, August 3rd. This is a prestigious event that will highlight some of the worlds best martial artists. We are looking for dynamic martial artists to perform. This is your opportunity to show your skills on a national stage. If you are interested please contact us at: [MastisonSensei@Cox.net](mailto:MastisonSensei@Cox.net) for more information.





# INTERNATIONAL MARTIAL ARTS COUNCIL OF AMERICA

## Defensive Tactics Instructors Certification Course

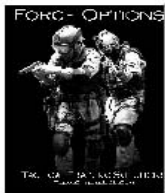


I am thrilled to say that this year will be our largest DT course to date. We have people coming from all over the country to participate in this fantastic event. Over the years, we have had a healthy number of people register for the DT course the night before at pre-registration, or event the day of the event. We are approaching maximum capacity on the class and if you have an interest in it, you should contact me now.

As with every year, we can not allow any video recoding of the class. Additionally, this is not an open class and we can not accommodate people that wish to drop in for a session. If you wish to take part, we ask that you please register to do so. This is simply to allow us the ability to focus on those that have committed to three days of intense training to acquire certification.

I look forward to seeing all of you this year in Las Vegas. If you have questions, please feel free to contact me at any time!

**Fred Mastison Sensei**  
**Assistant Director of IMAC**  
**Director of Law-enforcement Training**  
**President - Force Options Tactical Training Solutions**



## 2007 Force Options Tactical Training Solutions Defensive Tactics Instructor Certification Course

	Thursday			Friday			Saturday		
	Mat 1	Mat 2	Mat 3	Mat 1	Mat 2	Mat 3	Mat 1	Mat 2	Mat 3
7:00-8:00									
8:00-9:00									
9:00-10:00			Opening Remarks / Joint Controls			Weapon Retention			SWAT Applications
10:00-11:00			Joint Controls & Escort Techniques			Gun Disarms			
11:00-12:00			Striking Techniques *ADV CQB			Ground Defense			DT Graduation A
12:00-1:30	LUNCH	BREAK						CAMP	ENDS
1:30-2:30			Pressure Points *ADV Knife			Search & Handcuffing *ADV SWAT			
2:30-3:30			Edged Weapon Defense			CQB			
3:30-4:30									
4:30-5:30									
5:30-6:30									

\* Indicates Advanced Students Only – These classes will be held separate from the regular class



Upcoming Events

**2007 IMAC National Training Camp and United States Martial Arts Hall of Fame**

The dates and city have been chosen for the 2007 National Training Camp and United States Martial Arts Hall of Fame. On August 2nd, 3rd, and 4th, 2007, we will gather to celebrate the martial arts and those who lead the way at the Golden Nugget Hotel. The 2007 event will be held in Las Vegas and is sure to be the largest and most exciting event to date. So mark you calendar now to join us at entertainment central for the best camp and hall of fame yet!

**2007 Instructors**



**Soke Takayuki Kubota**  
Karate



**Guro Carlito A. Bonjoc, Jr.**  
Filipino Martial Arts



**Prof. Marty Cale**  
JuJitsu & Practical Self-defense



**Gary Boaz Sensei**  
Kyusho Jitsu applications to joint controls and tuite



**Grand Master Jose Bueno**  
Finger locks & controlling techniques



**Sifu Jerry Cook**  
Kung Fu



**Tuhon Ruby Gaudiosa**  
Filipino Knife Fighting



**David Johnston Sensei**  
Fight Strategies



**Gordon Liss**  
Escrima



**Fred Mastison Sensei**  
Kenjitsu



**Dr. Dan Netherland**  
Tameshiwari



**Dave Payne Sensei**  
Judo



**Mark Shuey Sr.**  
Cane Master & morning Yoga



**Grand Master Ron Marek**  
Fushion Blocking



**Mark Shuey Jr.**  
Nuchaku



## Upcoming Events



"Budo Camp: We do not rise to the level of our expectations. We fall to the level of our training." The words emblazoned on the back of the t-shirt say it all.

An annual three day seminar that brings together martial artists from around the world, Budo Camp is a weekend of training, learning, and fun. Experts from numerous martial arts styles gather to share their knowledge with event attendees in specialized training sessions. 2006 Budo Camp sessions included Aikido, Kempo Karate, Brazilian Jiu-Jitsu, and Kyusho Jitsu among others.

Originating with Sensei Gary Boaz of Professional Martial Arts, the camp allows participants to train in a variety of martial arts to supplement their own styles. Sessions run from one to two hours and include introductory material in various martial arts taught by accomplished instructors in their respective styles.

Budo Camp is different than many other martial art camps in that the Attendees are there with intent to broaden their martial arts and their mind. The weekend accommodates martial artists of all ranks and experience levels. If you are looking for an opportunity to train in a multitude of styles and broaden your scope of knowledge in the martial arts, Budo Camp is the event for you.

"Budo Camp has been one of the best mixed Martial Arts Seminar's I have ever been to, and I make it a part of my training every year!"

-Darrell D'Antonoli

*I believe that Budo Camp is one of the premier martial arts events in the country. I do not say that simply off hand but rather from a position of great experience. The quality of instruction combined with the open and friendly atmosphere creates a training opportunity second to none.*

*-Fred Mastison Sensei*

*Chief Instructor - Aikido of Phoenix*

*Budo camp has been one of the most outstanding martial experiences I've had since beginning my Kempo training. The exposure to masters in a variety of arts gives me a broader view and greater appreciation of what exactly the martial arts are. Annual Budo camp is one of the highlights of the year for me.*

*Jason Keel 4<sup>th</sup> Kyu,*

*Christopher N. Geary's Shaolin Kempo Karate*

Having had the privilege to attend multiple Budo Camps in the past few years, I can say without a doubt that it is the single best seminar I have ever participated in. The knowledge taken from camp is immeasurable and the training is unparalleled. Budo Camp is far more than just a weekend of learning new and useful skills.

The people I have met at camp are all outstanding individuals who have become close friends. I am greeted by smiles and kind words by instructor and student alike at every session of Budo Camp.

Nate Burkman 1<sup>st</sup> Dan

Christopher N. Geary's Shaolin Kempo Karate

Budo Camp 2007

Omaha, Nebraska

September 21, 22, 23, 2007

Contact Shihan Shawn Steiner

[Steiner@kempokarate.com](mailto:Steiner@kempokarate.com)

[www.BudoCampOnline.com](http://www.BudoCampOnline.com)

