

# THE INTERNATIONAL MARTIAL ARTS COUNCIL OF AMERICA

IMAC QUARTERLY E- MAGAZINE



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**IMAC**

**BY MARTIAL ARTISTS - FOR MARTIAL ARTISTS**

*WHERE OUR DESIRE TO TRAIN RISES ABOVE ALL ORGANIZATIONS AND BOUNDARIES*

**IMACUSA.COM**



# INTERNATIONAL MARTIAL ARTS COUNCIL OF AMERICA

## Message from the President



**Professor Marty Cale**  
**President of IMAC**

Martial Arts Associations.....WOW...there are thousands out there in this dog eat dog world. Most wit very impressive names, nice certificates, websites etc. Many claim to be associated with some big shot in Japan or China. Of Course the "Big Shot" has appointed Master Bill Bob here in the U.S. to run this fancy association. So you pay your membership fee and receive a certificate....and...well...that's the end of the story. A few months later you go online and there is no website, no contact information and no association.....but you did get a certificate, right?

Martial arts associations come and they go. Mostly because they were not ran correctly, or, not run at all. They only sell paper. Most associations are only "in business" for a couple of years or so. This is because they have nothing to offer but a piece of paper. Don't get me wrong, there are some very good associations out there. So why join a martial arts association? Well, like I said, "there are some very good associations out there".

### **So ask yourself a few questions before you join an association.**

- 1) How long has this association been around?
- 2) What do they have to offer me?
- 3) Is there someone I can talk to if needed?
- 4) Who actually runs the association?
- 5) Are they qualified to run the association?
- 6) Can I benefit from joining?
- 7) Does the association offer a training camp/seminars?
- 8) Is there a Board of Directors...Pres. Vice Pres. etc?
- 9) Does the association have a good reputation?

### **AND THE BIG ONE**

- 10) Do they sell rank?

In the *United States* there are *Martial Arts Associations* that *sell rank*, and what I mean by this, you can go online to their website, fill out a form, send it in with your money and get a 13th Degree Black Belt. Most of the time the association is ran by greedy old men just looking to make a buck. They no longer have integrity for the arts....and that my friend is sad!!!

Our association....the **International Martial Arts Council of America (IMAC)** has been around for more than a decade (15 years). We have plenty to offer, Life Membership, School Charter Membership, Rank promotions when guidelines are met, a Board of Directors, Grandmasters Council made up of 9th and 10th degree Black Belts. An Annual Training Camp with seminars from various styles and systems. A Defensive Tactics Instructors Certification Course, a great website, email and phone numbers if you need to talk. Our 3 main Board Members have over 100 years experience in the martial arts and all have a full time, successful martial arts school. And the BIG ONE?....We Do NOT sell rank!! Our association has a good reputation and we will not sacrifice that for a couple of bucks. We have hundreds of members and integrity means everything to us. So if you are looking for a good association, one that you would be proud of belonging to, then get involved today. We are looking for State Directors and people who want to be involved with the association.

**IMAC** is also the host association to the **United States Martial Arts Hall Of Fame**. This years Hall of Fame will be held at the **Sheridan Downtown Hotel in Nashville, Tennessee on July 31st, August 1st and 2nd** in conjunction with the **Training Camp**. This is the highlight event of the year with Masters and Grandmasters of different styles teaching at the camp. We also have many special guest on hand. One of our special inductees at this years Hall of Fame will include **Grandmaster Thomas B. Mitose** *inheritor of the Kosho Ryu Kenpo Jujitsu and son of Kenpo's most famous James Mitose*. There will be many "Old Timers". By this I mean Martial Artist that have been around the arts 50 and 60 years.

If you would like more information on the association you may look at our website [www.IMACUSA.com](http://www.IMACUSA.com)  
For the Hall of Fame [www.UnitedStatesMartialArtsHallOfFame.com](http://www.UnitedStatesMartialArtsHallOfFame.com) or you may email me [Profcale@aol.com](mailto:Profcale@aol.com)  
my phone number is 479-582-KICK.

**Start making plans NOW to attend this years BEST martial arts event.**



## Teaching Law enforcement



**Fred Mastison Sensei**  
**Director of IMAC**  
**Director of Law-enforcement Training**

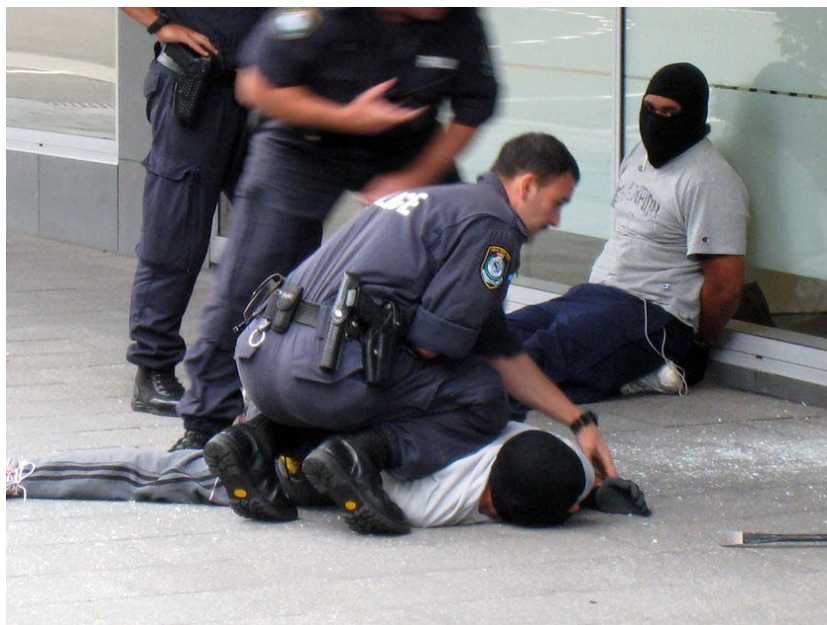
I have had the great fortune of successfully working with hundreds of officers from agencies across the country and around the world. It has not been an easy path and one that took a great deal of revisiting of how I teach and what I expect from students in a non-dojō setting. I have visited with many martial artists over the years and heard their stories about teaching police. More times than not they are not favorable. Generally I get the story that the instructor was not well received and that the officers did not really want to learn anything. At this point I ask them how they presented their class. In almost every situation I hear..."The same as I always do". This is a recipe for disaster. Law enforcement officers are generally not martial artists. Their training is completely different in structure and form from what we are accustomed to in the dojo. So when Johnny Black Belt walks in wearing a gi, he immediately is behind the curve.

If martial artists wish to teach in the LE arena, they must strive to match the structure that exists inside that arena. Officers do not wear gis, so don't wear a gi to teach them. They must follow a very strict use of force policy, so don't teach neck breaks as a first line of defense. Essentially, we need to blend in with the officers and do our best to give them what they need, and not what we think they need.

This is the primary reason that I have created our annual Defensive Tactics Instructors course. It is built around several principles. First is to provide non- DT instructors with the skills to successfully teach LE friendly technique. The second reason is to model for prospective instructors. This is the same format I use when teaching all of my LE and military classes. Essentially we are teaching you how to do this on your own. If you come with an open mind and a desire to learn, then you can gain a great deal from this course. Ultimately if you want to enter the law enforcement training business, you would be well served by taking part in this unique and effective training course. If you have questions about the DTIC, please feel free to contact me at any time. You can also get more information at [ForceOptionsUSA.Com](http://ForceOptionsUSA.Com)

Fred Mastison

*Fred Mastison is the Director of IMAC and is the Director of Law-enforcement Training. President of Force Options Tactical Training Solutions based in Phoenix, he holds a 5th dan in Aikido and 7th dan in Aiki Jitsu. Mastison Sensei is celebrating his 30th year in the martial arts.*





**Don Wilhelm Sensei**  
**Assistant Vice President of IMAC**

## LEADING THROUGH EXAMPLE

“Do as I say, not as I do”...We have all heard or said this phrase more than once. Much to our own dismay we probably said, “When I grow up I’m not going to say that”. Then we grew up, well some of us anyway.

As instructors it is our duty to teach discipline through our art so that it may carry over to everyday life. We want the very best *for* our students and we expect the very best *from* our students. Upon distilling this way of thinking ask yourself, am I what’s best for my students or do I fall short of the expectations I have for them. We all want our students to succeed not only in a Dojo but in life as well. We need to be a very positive part of their defining characteristics, not just the person that teaches them martial arts.

Along this line of thinking there are certain “Do’s & Don’ts”. Don’t tell students they can’t or won’t do something when they see you do it. Do give positive reinforcement for an attempt but don’t make their attempt so positive that they don’t feel the need to succeed. Don’t expect respect just because you are an adult. Remember Bin Laden is an adult, should they respect him?

Do make yourself worthy of respect by earning respect and not forcing it, your students will like and respect you not necessarily your position or title. Remember positions and titles can be taken away; be sure your respect doesn’t disappear if your position or title does.

Lead by example, lead from the front, lead with reason and lead with logic. In this manner you will always be respected, maybe not always liked, but respected nonetheless.

My Best to you all!  
**-Don Wilhelm Sensei**





## Upcoming Events

KYUSHO INTERNATIONAL IN COOPERATION WITH FORCE OPTIONS PRESENTS

# THE MOST COMPLETE PERSONAL PROTECTION AND SELF-DEFENSE CLASS AVAILABLE

KYUSHO TACTICAL APPLICATION  
CERTIFICATION COURSE



TACTICAL HANDGUN , KNIFE AND OPEN HAND DEFENSE

You are invited to join us for the country's one and only Kyusho Tactical Application Course. This course is designed as the ultimate in personal protection and the protection of loved ones. Unlike other course, we will teach open hand techniques, use of a knife as a defensive tool as well as defensive handgun! The course will culminate with a practical force on force exercise with open hands, knives, and simunition type hand guns. If you teach any type of gun or knife defense, this course is a must for you!

*From high speed open hand techniques to solving a challenge in a live fire shoothouse this course is one of a kind!*

## STRICTLY LIMITED ENROLMENT

Petersburg, Indiana (USA): October 3-5, 2008  
Jim Corn and Fred Mastison of "Force Options".

Contact Fred Mastison at (001) 480-242-5439 OR E-Mail [ForceOptions@Cox.net](mailto:ForceOptions@Cox.net)

For more Information visit [http://forceoptionsusa.com/events/ktac\\_200810/index.html](http://forceoptionsusa.com/events/ktac_200810/index.html)



## Upcoming Events

### **2008 IMAC National Training Camp and United States Martial Arts Hall of Fame July 31<sup>st</sup>- August 2<sup>nd</sup> 2008 in Nashville, Tennessee**

The dates and city have been chosen for the 2008 National Training Camp and United States Martial Arts Hall of Fame. On July 31<sup>st</sup>, August 1<sup>st</sup> and 2<sup>nd</sup>, 2008, we will gather to celebrate the martial arts and those who lead the way. The 2008 event will be held in Nashville and is sure to be the largest and most exciting event to date. We are once again being hosted by the Nashville Sheraton Downtown! It is a beautiful hotel and only blocks from the historic and exciting downtown Nashville! So mark your calendar now to join us at entertainment central for the best camp and hall of fame yet!

**Why Nashville?.....** Nashville was the location of our 2004 event and it was a HUGE success. I will go on to say that this success was not simply based on numbers, but rather the feedback we received from participants and instructors. One of the most common things we heard was "We Love Nashville!!". The location of the hotel is only blocks from what is known as "The District". This is an area rich in history, entertainment and food. It is situated against the Cumberland river and has a sense of energy and fun rarely seen in large cities today. More than anything else, we found the people of Nashville to be friendly and welcoming. So to a few, Nashville may not seem to be a "Thrill Mecca" to hold the event; from my experience I would simply say...You will be missing a fantastic time if you do not join us! Below is a web site that talks a great deal more about The District.

<http://www.thedistrictnashville.org/>

